

Assessment of Post-Adoption Resources in Garfield, Wayne, and Piute Counties 2007

INFORMATION AND RESOURCES

- Adoption Exchange has a toll free number and website for information and resources about post-adoption information and services throughout the state of Utah. The information gathered during the assessment of post-adoption resources for each region of Utah will be available on the Adoption Exchange website. They can be reached at 1-866-872-7212 or www.utdcfsadopt.org/.
- Adoption Connection Newsletter is sent to all DCFS adoptive families receiving subsidy. The newsletter is designed to have current Utah specific information regarding resources and adoption issues.
- Utah Cares at www.utahcares.utah.gov has many human service resources throughout Utah. To contact them by telephone call 211.

SUPPORT GROUPS

Cluster Groups

GAP: There are no known cluster or adoption support groups in Garfield, Wayne, or Piute counties.

Specialized Groups

- Southwest Center in Panguitch has a family support group that is open to any parent. It meets once a month.

Children's Support Groups

- Children's Activity Groups are offered after school at both Panguitch and Bryce Valley Elementary Schools. The program operated by Project Excel -- Safe and Stable Families. They provide crafts and games.

Chat Rooms

- Adoption Exchange has links to nationally based chat rooms for adoptive parents at www.utdcfsadopt.org/.

Culture Camps

- Families for African American Awareness meet several times a year. The contact person is Stacy Farmer at 801-299-0673.
- India support group is comprised of parents who have adopted children from India. They meet for potluck dinners or picnics several times a year. Contact Joan Auger at 801-547-0852.
- Korean Culture Camp has an organized camp once a year for children adopted from Korea. Families meet another time for a potluck dinner. Contact Gary or Beth Beutler at 801-280-6559.
- Russian Adoption Support meets quarterly for educational classes and family activities. Contact Jenny Davis at 801-222-8897.
- South American Culture Group meets twice a year for family activities. Contact Keith or Kathy Syndergaard at 801-756-5656.

RESPIRE CARE

1 - 4 Hour Scheduled Respite

- Informal supports such as relatives, friends, or church members are most often used for respite care in Garfield, Wayne, and Piute Counties.
- Common activities such as scouts, sports, and church activities can provide regular breaks for parents while their children are involved in the programs. A list of many local groups and activities as

well as child care resources may be obtained through the Western Region Child Care Resource and Referral service at 1-888-344-4896.

- Children's Activity Groups are offered after school at Panguitch's elementary school. They provide crafts and games.
- There are no cluster groups in Garfield, Wayne, or Piute counties.

Day Breaks

- Informal supports such as relatives, friends, or church members are most often used for respite care in Garfield, Wayne, and Piute Counties .
- There are no cluster groups in Garfield, Wayne, or Piute counties.
- The Family Support Center in Cedar City will schedule respite care at their facility for children who are infant - 11 years old. Respite care is available based on space at the time of the request. A parent can schedule from 1 - 72 hours. It is about a 2-hour drive to Cedar City and in the winter the mountain pass may be closed. Call 435-586-0791.
- Central Utah Youth Center in Richfield will provide day breaks for adopted youth as long as the family is willing to be involved in a service plan. The facility is a locked facility, not a recreational facility. Contact Lonnie Thomas at 435-893-2340.

Overnight Breaks - Weekend Breaks

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- There are no cluster groups in Garfield, Wayne, or Piute counties.
- The Family Support Center in Cedar City will schedule respite care at their facility for children who are infant - 11 years old. Respite care is available based on space at the time of the request. A parent can schedule from 1 - 72 hours. It is about a 2-hour drive to Cedar City and in the winter the mountain pass may be closed. Call 435-586-0791.
- Central Utah Youth Center in Richfield will provide overnight and weekend breaks for adopted youth as long as the family is willing to be involved in a service plan. The facility is a locked facility, not a recreational facility. Contact Lonnie Thomas at 435-893-2340.

Parent - to - Parent

- Informal supports such as relatives, friends, or church members are most often used for respite care in Garfield, Wayne, and Piute Counties .
- There are no cluster groups in Garfield, Wayne, or Piute counties.

Immediate Crisis Respite

- Family Support Centers were established to provide immediate crisis respite care for up to 72 hours for children infant - 11 years old. The closest Family Support Center is in Cedar City. It is about a 2-hour drive and in the winter the mountain pass may be closed. Call 435-586-0791.
- Iron County Youth Center in Cedar City can provide immediate crisis respite for youth 8 - 18 years old. The services can provide respite up to 28 days in come cases. It is about a 2-hour drive and in the winter the mountain pass may be closed. Call 435-865-5607.
- Central Utah Youth Center in Richfield is available for crisis situations. They would ask that the family be willing to be involved in a service plan. The facility is a locked facility, not a recreational facility. Call 435-893-2340.

MENTAL HEALTH SERVICES

Counselors who Specialize in Adoption

- DCFS Post-Adoption worker, John Worthington, works exclusively with adoption related family issues in the Southwest Region. He can provide family counseling for any adoptive family who adopted through DCFS or he can provide the Family Preservation focus for those who are considering disrupting or dissolving their adoption.
- Southwest Center, the Medicaid provider in Garfield County, has a counselor, Joe Coombs, who has participated in a 2-day workshop regarding clinical issues for adoptive families.

Note: The DCFS Post-Adoption worker, John Worthington, and the Southwest Center counselor, Joe Coombs, would be very open to working with an adoptive parent as an adoptive parent mentor for a Response Team Model.

Family Focused Treatment

- Southwest Center, the Medicaid provider in Panguitch, has a Licensed Professional Counselor, Joseph Coombs, who does Family Focused Therapy, home-based. He uses formal and informal wrap around services to help the family in whatever they need.
- Southwest Center, the Medicaid provider in Panguitch, has a parenting class for parents of children 2 - 18 years of age. The parents would need to be clients of Southwest Center for this class.
- DCFS Post-Adoption worker, John Worthington, works exclusively with adoption related family issues in the Southwest Region. He can provide family counseling for any adoptive family who adopted through DCFS or he can provide the Family Preservation focus for those who are considering disrupting or dissolving their adoption.

Home-Based

- Southwest Center, the Medicaid provider in Panguitch, has a Licensed Professional Counselor, Joseph Coombs, who does Family Focused Therapy, home-based. He uses formal and informal wrap around services to help the family in whatever they need.
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Respond Within 24 Hours to Crisis

- DCFS Post-Adoption unit can respond within 24 hours.
- Southwest Center - the Medicaid provider - has a 24-hour crisis line for families and the crisis worker can try to reach a therapist for the adoptive family.

Family Preservation

- DCFS Post-Adoption worker, John Worthington, works exclusively with adoption related family issues for the Southwest Region. He can provide family counseling for any adoptive family who adopted through DCFS or he can provide the Family Preservation focus for those who are considering disrupting or dissolving their adoption.

After School and School Treatment Programs

- Southwest Center in Panguitch has several school-based programs. They have prevention programs in Bryce Valley, Lake Powell, Escalante, and Antimony. They are psycho-educational and were designed to prevent drug use and other high risk behaviors.
- Southwest Center in Panguitch provides after school social skills groups at both Panguitch and Cannonville for elementary and teenage youth.
- Southwest Center in Panguitch has a respite care program for clients. The parent finds their own care provider and Southwest will pay the respite care provider.

Residential Treatment

- There are no residential treatment programs paid through Medicaid in Panguitch or surrounding counties. They try to use wrap around services instead of residential treatment. If a child is a threat to self or others they may be admitted to a hospital until he or she is considered stabilized.
- There are residential treatment programs for private payment in surrounding counties. Medicaid carve-out may be applied to qualifying private treatment programs for adopted youth.